

RAMAKRISHNA MISSION SIKSHANAMANDIRA(An Autonomous Post-Graduate College under the University of Calcutta under section 22
of the UGC Act and duly recognized by the NCTE)**College with Potential for Excellence (CPE)****College of Teacher Education (CTE) & Swami Vivekananda Centre for
Multidisciplinary Research in Educational Studies (SVCRES)**

Phone No. – (033) 2654 – 1635/6081/9281 Fax – (033) 2654 - 4412

Email – rkmsmc@gmail.com, rkmsm@rediffmail.com

Website – www.rkmsm.org

Belur Math, Howrah – 711202, West Bengal.

OFFICE OF THE CONTROLLER OF EXAMINATIONS

No. CE-32/EXP/PGDYE/22-23

**Schedule for 1st Semester Examination of
Post Graduate Diploma in Yoga Education Programme 2022-2023**

Date		Course Code	Title	FM	Time
19/02/2023 (Sunday)	Theory	611	Foundations of Yoga	100	12 Noon – 3 PM
26/02/2023 (Sunday)	Theory	612	Anatomy and Physiology of Yogic Practices	100	12 Noon – 3 PM
05/03/2023 (Sunday)	Theory	613	Patanjali Yoga sutra	50	11.30 AM – 1.30 PM
	Theory	614	Methods of Teaching Yoga	50	2 PM – 4 PM
12/03/2023 (Sunday)	Practicum-I	615	Asanas, Pranayamas, Bandhas and their techniques	100	11 AM onwards

30.01.2023

(Swami Urjitananda)

Controller of ExaminationsSwami Urjitananda
Controller of Examinations
Ramakrishna Mission Sikshanamandira
Belur Math, Howrah-711202, W.B.

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